



**LOTUS POINT** Prepare and Enrich Information  
*Wellness*

Marie Caterini Choppin, LCSW-C & Associates  
LOTUS POINT WELLNESS, INC.

Prepare and Enrich ([www.prepare-enrich.com](http://www.prepare-enrich.com)) is a customized couples assessment that is completed online and identifies a couple's' strength and growth areas. It can be used with committed, premarital, or married couples and is one of the most widely used platforms for relationship assessment and growth.

Here is how the program works:

1. The couple calls certified facilitator (Brittany Beck, LGPC) to schedule an initial 30 minute session, and ask any questions regarding the Prepare and Enrich process.
2. Facilitator (Brittany Beck, LGPC) sets up the online program and each partner receives an email with instructions on how to complete the assessment.
3. The couple completes the assessment online.
4. The couple attends 3 in-person session with facilitator (Brittany Beck, LGPC) to review results and participate in additional psycho-educational activities relating to the identified growth areas.
5. Once your pre-paid sessions have ended, the couple may choose to purchase additional sessions.

For more information regarding Prepare and Enrich please visit: [www.prepare-enrich.com](http://www.prepare-enrich.com)



## Prepare and Enrich Consent Form

I understand that I am consenting to participate in the Prepare and Enrich program ([www.prepare-enrich.com](http://www.prepare-enrich.com)). The Prepare and Enrich program is a relationship inventory and skill-building program for dating, engaged, or married couples and consists of an online assessment, review of the assessment results with a facilitator, and follow up activities that include psycho-education, communication skills, and conflict resolution.

I understand that the Prepare and Enrich program will highlight the strengths and growth areas of my relationships and is not for couples in crisis or in need of immediate intervention.

I understand that my certified facilitator, Brittany Beck, is a Licensed Graduate Professional Counselor (LGPC) in the state of Maryland.

I understand that payment for services is due up front and that I am paying for the online assessment, two workbooks, and a chosen package of sessions indicated on the following page with detailed payment information. Additional sessions can be made available for an additional cost. I understand that Prepare and Enrich is not reimbursable by insurance.

I understand that if I cancel less than 48 hours in advance I will be charged my regular session fee. To notify my facilitator of a cancellation I will call 301-960-1198 ext. 707 or email [brittany@lotuspointwellness.com](mailto:brittany@lotuspointwellness.com). If canceling a Monday appointment I will notify my facilitator by 5 p.m. Friday.

I understand all information discussed during sessions is held strictly confidential. By law, information about clients may only be released upon written consent of all parties treated, **with the following exceptions:**

- You have signed a Release of Information Consent Form for specific individuals or agencies;
- There is a court order, signed by a duly appointed or elected judge, for release of your records;
- You are perceived to be a danger to yourself or others;
- When your facilitator has reasonable cause to believe that a child or vulnerable adult is being neglected or physically or sexually abused.

---

**Partner Signature**

**Date**

---

**Partner Signature**

**Date**



### Payment Information

**Program Fee: TOTAL: \$550.00**

Includes an initial 30 minute pre-assessment session, the Prepare and Enrich Assessment, two workbooks, and 3 ninety minute sessions with facilitator following the assessment. .

**ADDITIONAL SESSIONS**

- Additional 60 minute session..... \$100
- Additional 90 minute session..... \$ 150

**CREDIT CARD AUTHORIZATION:**

I authorize **Lotus Point Wellness Inc.** to use the credit card information below to **charge my credit card using an online credit card system for the full amount of the program. If additional sessions are requested then the following purpose apply:**

- 1) FOR EACH SERVICE AT THE TIME OF SERVICE provided to me and/or my partner to the provider of Lotus Point Wellness, Inc..
- 2) FOR A MISSED SESSION at the rate of my regular session if I cancel less than 48 hours in advance of my appointment.
- 3) IF AND WHEN MY PAYMENT BALANCE BECOMES PAST DUE. The provider will inform me about this charge.

I acknowledge that I will be receiving an email with a receipt for the payment and the appropriate information needed to submit for tax purposes if I use my credit card.

**CREDIT CARD INFORMATION** \_\_\_\_\_ Credit Card Type:  Mastercard  Visa

\_\_\_\_\_  
Credit Card Number 3 digit security code Expiration Date

\_\_\_\_\_  
Credit Card Holder's Name on the Card Email address for receipts

\_\_\_\_\_  
Billing Address

\_\_\_\_\_  
**SIGNATURE**

\_\_\_\_\_  
**DATE**